

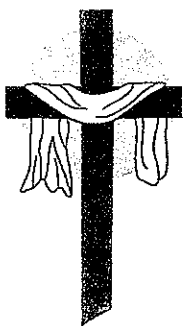
March 20, 2016

**PALM SUNDAY OF THE
PASSION OF THE LORD**

Gospel Reading: Lk 22:14–23:56,
or 23:1-49

*“Jesus cried out in a loud voice,
'Father, into your hands I commend my
spirit'; and when he had said this he
breathed his last.” (Lk 23:46)*

Take time out of your day to bring joy and comfort to someone who is sad or downtrodden.



March 21, 2016

Monday of Holy Week

Gospel Reading: Jn 12:1-11

*“You always have the poor with you,
but you do not always have me.”
(Jn 12:8)*

Pray that Christ will always be the center of your life.



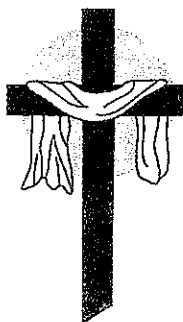
March 22, 2016

Tuesday of Holy Week

Gospel Reading: Jn 13:21-33, 36-38

*“Peter said to him, 'Master, why can't I
follow you now? I will lay down my life for
you.' Jesus answered, 'Amen, I say to you,
the cock will not crow before you deny
me three times.' ” (Jn 13:37-38)*

Provide kind words of encouragement to a friend or loved one who is experiencing a crisis in faith, and ask the Virgin Mary to intercede for an increase in faith and hope.



March 23, 2016

Wednesday of Holy Week

Gospel Reading: Mt 26:14-25

*“The teacher says, 'My appointed
time draws near; in your house I shall
celebrate the Passover with
my disciples.' ” (Mt 26:18)*

Reflect on the sinful woman who washes the feet of Jesus with her tears, and covers them with kisses of repentance. Consider the way in which she humbles herself before the Lord, and ask God to inspire within you the virtue of true humility.



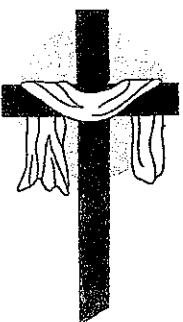
March 24, 2016

**THE HOLY EASTER TRIDUUM
Holy Thursday**

Gospel Reading: Jn 13:1-15

*“ I have given you a model to follow, so
that as I have done for you, you should
also do.’ ” (Jn 13:15)*

Spend time in church or in a quiet place, praying with Our Lord, and keeping him company in the Garden of Gethsemane while He awaits the suffering He is to endure.



March 25, 2016

**Good Friday of the
Passion of the Lord**

Gospel Reading: Jn 18:1-19:42

*“Standing by the cross of Jesus
were his mother, his mother's sister
Mary the wife of Clopas, and Mary
of Magdala.” (Jn 19:25)*

If you are able, attend a Good Friday service today, or offer an additional act of penance.



March 26, 2016

Holy Saturday: The Easter Vigil

Gospel Reading: Lk 24:1-12

*“...Remember what he said to you while
he was still in Galilee, that the Son of Man
must be handed over to sinners and be
crucified, and rise on the third day.”
(Lk 24:6-7)*

Abstain from frivolous activities today and make an effort to focus your thoughts throughout the day on the Death of Jesus on the Cross.



March 27, 2016

**EASTER SUNDAY OF THE
RESURRECTION OF THE LORD**

Gospel Reading: Lk 24:1-12

*“But Peter got up and ran to the tomb, bent
down, and saw the burial cloths alone; then he
went home amazed at what had happened.”
(Lk 24:12)*

Celebrate the glory of the Resurrection and share the joyful news of the Risen Christ!

